



OUTBACK FIRST AID KIT CONTENTS

ITEMS Dressings

Gauze Swabs 7.5cm x 7.5cm	x 4
Adhesive Dressing 7.5cm x 5cm	x 2
Non Adhesive Dressing 7.5cm x 10cm	x 2
Wound Dressings No. 15	x 2
Wound Dressings No. 14	x 2
Wound Dressings No. 13	x 1
Basic Dressing Pack	x 1
Combine Pad 10x20cm	x 1

Bandages

Conforming gauze bandage 7.5cm	x 1
Conforming gauze bandage 5cm	x 1
Crepe bandage 10cm	x 1
Crepe bandage 7.5cm	x 1
Triangular Bandage Disposable	x 3

Tapes

Adhesive tape 2.5cm(hypoallergenic)	x 1
Sports tape – strapping	x 1 roll
Adhesive strips (bandaids) individually wrapped	x box 50
Dressing Strip (Elastopaste) 7.5cm x 1m	x 1 box

Treatment

Antiseptic Wipes	x 6
Alcoholic Swabs (disinfecting instruments)	x 5
Antiseptic Spray 50ml	x 1
Saline Solution (eye wash) 15-30ml	x 6
Thermo Blanket	x 1
Resus Mask - single use only	x 1
Instant cold pack	x 2
Eye Module (eyewash, strolls wedges, eye pads, tape, tissues)	x 1

Instruments

Pairs Latex Gloves	
Scissors sharp/blunt	x 1
Splinter Forceps	x 1
Splinter Probs (Disp).	x 5
Safety Pins	x 12
Glass Thermometer	x 1
Disposable Kidney Dish	x 1

Other

Clip Seal Bag 230x305mm	x 1
Bumaid Gel 25g	x 1
Absorbent Tissues (Little packs)	x 1
Stingose	x 1
First Aid Booklet	x 1
CPR Wallet Card	x 1

BASE CAMP FIRST AID KIT CONTENTS

ITEMS Dressings

Gauze Pieces (Swabs) 7.5cm x 7.5cm	x 5
Non Adhesive Dressing 10cm x 10cm	x 4
Non Adhesive Dressing 10cm x 7.5cm	x 4
Wound Dressings No. 15	x 1
Wound Dressings No. 14	x 2
Wound Dressings No. 13	x 2
Wound Closures (Steri Strips) 3-5inc in a pkt	x 2 packets
Universal Dressing	x 1

Bandages

Conforming gauze bandage 10cm	x 1
Conforming gauze bandage 7.5cm	x 1
Conforming gauze bandage 5cm	x 1
Heavy Cotton Crepe bandage 7.5cm	x 1
Medium Cotton Crepe bandage 7.5cm	x 1
Medium Cotton Crepe bandage 5cm	x 1
Triangular Bandage 110cm	x 3

Tapes

Adhesive tape 2.5cm and 1.5cm(hypoallergenic)	x 1 roll of each
Sports tape – strapping	x 1 roll
Adhesive strips (bandaids) individually wrapped	x 50 (1 box)
One Dressing Strip (Elastopaste) 6.3cm	x 1 box

Treatment

Betadine 15ml	x 1 bottle
Antiseptic Cetrimide swabs	x 5
Alcoholic Swabs (disinfecting instruments)	x 5
Antiseptic Spray	x 1
Saline Solution (eye wash) 15-30ml	x 6
Thermo Blanket	x 1
Resus Mask - single use only	x 1
Instant cold pack	x 2
Eye Module (eyewash, strolls wedges, eye pads, tape, tissues)	x 1
Deep Heat	x 1
Cotton Buds	x 10

Instruments

Forceps, stainless steel (Tweezers)	x 1
Disposable Gloves	x 5
Scissors sharp/blunt	x 1
Splinter probes (disposable)	x 2
packs	
Safety Pins	x 10

Other

Medium plastic resealable bags	x 2
Accident recording book and pen/pencil	x 1
Absorbent Tissues (Little packs)	x 1
Stingose	x 1 small bottle

Option

Staying Alive - First Aid Book (code of practice)	x 1
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SURVIVAL FIRST AID KIT

Cotton Gauze swabs	x3
Combine Dressing	x1
Adhesive Strips	x20
Hypo allergenic tape	x1
Non-adhesive dressings	x2
Wound dressing	x3
Conforming gauze bandage	x3
Triangular bandage	x2
Safety pins	x12
Saline eye wash	x2
Clip seal plastic bags	x3
Pencil & note pad	x1
Tissues packet	x1
Thermo blanket	x1
First aid booklet	x1
Latex gloves	x2
Scissors	x1
Forceps with tip	x1
Antiseptic swabs	x6
Eye pads	x2

PREMIUM SURVIVAL FIRST AID KIT

Includes all Survival kit items plus

Bandage shears	x1
Digital thermometer	x1
CPR face shield	x1
Chemical light	x1
Spoon measure	x1
Disposable splinter probes	x5
Plastic sheet	x1
Heavy crepe bandages	x2
Anti-irritant gel (Stingose)	x2



Kit selection



Base Camp Kit



Survival First Aid Kit